

ORAL TEST (FOR ADULTS)

For White Belt Test:

Counting

One	Hana
Two	Dool
Three	Set
Four	Net
Five	Da Seot
Six	Yeo Seot
Seven	Il Gop
Eight	Yeo Deol
Nine	Ah-hope
Ten	Yeol

Tenets of Tae Kwon Do

Tae Kwon Do Aims to achieve:

- courtesy
- integrity
- self-control
- perseverance
- indomitable spirit

For Orange Belt Test:

Regulations of the Hwa Rang Do

The regulations of the Hwa Rang Do are:

- respect your parents and elders
- never yield on the battlefield
- never lose your self-control or perseverance
- devote your self-loyalty to your country
- love life and never needlessly harm or kill

Terms

Ready Stance	Jun Bi
Attention	Cha Ryut
Bow	Kyung Rae
Roundhouse Kick	Dol Ryu Chagi
Side Kick	Yeop Chagi
Front Kick	Ahp Chagi
Backspin Kick	Di Dol Ryu Chagi
Jumping	Yi Dan
Turning	Di

For Yellow Belt Test:

Flags

AMERICAN FLAG - The American Flag is called "Old Glory". It has thirteen horizontal stripes representing the thirteen original colonies. There are seven red stripes and six white stripes. Seven stripes are short and are positioned next to the blue. There are six long stripes that are positioned below the blue. The top stripe is red; the bottom stripe is red and the stripe below the blue rectangle is white. The red color represents the blood shed to keep our nation free. The white represents the purity of our nation's ideals. The blue represents the midnight sky. There are fifty stars representing the fifty states. There are nine rows of stars, four rows of five stars and five rows of six stars in the blue rectangle.

KOREAN FLAG - The Korean flag is called "Tae Guk". It has a white background that represents purity. In the center is a perfect circle representing the opposites in the universe or good versus evil. The circle is divided into two equal parts. The top portion is red or "yong". The bottom portion is blue or "um". Four symbols are positioned in each corner of the flag. The upper left symbol represents heaven. It consists of three perfect, parallel bars. The upper right symbol represents water. It consists of one perfect bar in the middle of two broken bars. The lower right symbol represents earth and it consists of three broken bars. The lower left symbol represents fire and is two solid bars with a broken bar in the middle of them.

For Green Belt Test:

Higher Counting

(10th, 20th, etc...)

Ten	Yeol	- Ship
Twenty	Soo Mool	- Ee Ship
Thirty	Seo Reun	- Sahm Ship
Forty	Ma Heun	- Sa Ship
Fifty	Shi Woon	- Oh Ship
Sixty	Ye Soon	- Yuk Ship
Seventy	Il Heun	- Chil Ship
Eighty	Yeo Deun	- Pal Ship
Ninety	Ah Heun	- Goo Ship
Hundred	Baek	- Baek

For Blue Belt Test:

Sequence Counting

For Purple Belt Test:

All Previous Terminology

For Purple Trim Test:*Body Parts*

Nose	Ko
Mouth	Eep
Eye	Noon
Neck	Mok
Ear	Gwi
Hand	Son
Foot	Bal
Chest	Gasum
Solar Plexus	Myung Chi
Body	Mom-tong
Fist	Ju- murk
Chin	Turk
Shoulder	Ur-kke
Arm	Pal
Elbow	Pal Kumchi
Leg	Dari
Knee	Mooroop
Forehead	Yima
Finger	Son-garak
Head	Murry
Groin	Bural

For Brown Belt Test:*All previous material and more Korean Terminology*

Martial Arts Gym	Do Jang
Uniform	Do Bok
Master Instructor	Sa Bom Nim
Head Instructor	Sa Boo Nim
Head of Association/Gym	Kwan Jang Nim
Attention	Cha Ryut
Bow	Kyung Rae
Ready Stance	Jun Bi
Forward Stance	Ahp Gubi
Walking Stance	Ahp Sugi
T-Stance (Back Stance)	Dwee Gubi
Start or Begin	Shi Jak
Relax	Ghe-Man
Yell	Ki Hap
Pattern	Hyung
Jumping	Yi Dan
Turning	Di
Block	Makkee
Kick	Chagi

High	Sangdan
Middle	Jungdan
Low	Hadan
Front Kick	Ahp Chagi
Side Kick	Yeop Chagi
Roundhouse Kick	Dol Ryu Chagi
Backspin Kick	Di Dol Ryu Chagi
Spear Hand	Kwan Su
Knife Hand	Su Do
Courtesy	Ye-eui
Integrity	Jeongjik
Self-Control	Kukgi
Perseverance	Innae
Indomitable Spirit	Baek-jul-bool-kool

Belts and Meanings

Hin Tdi	White/Innocence
Norang Tdi	Yellow/earth
Chorock Tdi	Green/begin to grow
Chongsek Tdi	Blue/sky
Galsek Tdi	Brown
Bbalgong Tdi	Red/Danger
Heuk Tdi	Black/maturity (Opposite of white)

Higher Counting 1-10,000 (10th, 20th, etc...)

Ten	Yeol	- Ship
Twenty	Soo Mool	- Ee Ship
Thirty	Seo Reun	- Sahm Ship
Forty	Ma Heun	- Sa Ship
Fifty	Shi Woon	- Oh Ship
Sixty	Ye Soon	- Yuk Ship
Seventy	Il Heun	- Chil Ship
Eighty	Yeo Deun	- Pal Ship
Ninety	Ah Heun	- Goo Ship
Hundred	Baek	- Baek

Thousand	Chun
Ten Thousand	Man

For Red Belt Test:

All material to this point plus history, which you will get from your instructor at the appropriate time.